

# H2O ADVENTURE

## Week 4: Camp AB - Eastdale

**\*Please bring a swimsuit, towel, lunch, water bottle, sunscreen, and extra clothes to camp every day!\***

**Leaders: Aanya, Gavyn, Jenna, Sarah, Emma, Quinn, Elsie, Leah**

**Monday, July 21st, 2025:** Are you ready to make a splash with H2O Adventures? Get ready to dive into a week of wonder, waves, and wild, watery fun! We will start off the day with a game of “Mermaid Ball”, followed by a beach landscape craft. Then, we will have a special visitor from Heartland Animal Hospital in Listowel who will teach us all about their awesome job and provide a morning snack! In the afternoon, we will then head to the Kinsmen Pool to cool off before returning to camp for a game of “Mermaid Tag” followed by free play.



**Tuesday, July 22nd, 2025:** Ahoy, mateys! Grab your map and set sail with us on another day of H2O Adventures! Today is all about pirates and treasures. Our morning will begin with a game of “Capture the Treasure”, followed by a personalised pirate craft. After lunch, we will head to the Kinsmen Pool for swimming and then return to camp for a game of Treasure Hunt! Our day will end with the game “Pirates on the Hunt” and free play.

**Wednesday, July 23rd, 2025:** Time to survive, thrive, and discover island secrets! To get our morning started, we will play “Island Secrets”, followed by a fun island and treasure-making craft! After lunch, we will take a trip to the Kinsmen Pool to cool off before returning to camp for our game of “Cross the Island”. We will finish off our day with a game of “Communications” and free play.



**Thursday, July 24th, 2025:** Let’s dive into the mysterious world beneath the waves! We will start our day with a game of “21 Fish” and head to the craft to create some deep-sea fish. We will also have a visit from the Forest School to do some fun activities! After lunch, we will head for a swim at the Kinsmen Pool and return to camp for our Kindness Initiative, where we talk about all the acts of kindness we saw at camp this week. Our day will end with a game of “Shark Attack” and free play.

**Friday, July 25th, 2025:** All aboard for a floating finale – it’s the grand boat bash you’ve been waiting for! Our morning will begin with a game of “20 Questions” to solve the mystery, and “Every Ship is It” to get us moving! Before heading to lunch, we will create origami boats and play a game of “Sail the Sea”. We will then cool off at the Kinsmen Pool and finish our day off with a game of “Frozen Sea” and free play.



Website: [www.northperth.ca](http://www.northperth.ca) Camp Cell Phone Number: 519-573-2532  
North Perth Recreation Summer Camp